

## “Utilizzazione del carico dei carboidrati nel paziente diabetico”

### 1. Nella chirurgia elettiva del colon:

"In diabetic patients carbohydrate treatment can be given along with the diabetic medication."

Recommendation grade: Preoperative carbohydrate drink, diabetic patients: weak

#### Bibliografia

U. O. Gustafsson, M. J. Scott, W. Schwenk, N. Demartines, D. Roulin, N. Francis, C. E. McNaught, J. MacFie, A. S. Liberman, M. Soop, A. Hill, R. H. Kennedy, D. N. Lobo, K. Fearon, O. Ljungqvist; **Guidelines for Perioperative Care in Elective Colonic Surgery: Enhanced Recovery After Surgery (ERAS) Society Recommendations.** *Clinical Nutrition* 2012.

### 2. Nella chirurgia elettiva rettale/pelvica:

"Preoperative oral carbohydrate loading should be administered to all non-diabetic patients"

#### Bibliografia

J. Nygren, J. Thacker, F. Carli, K. C. H. Fearon, S. Norderval, D. N. Lobo, O. Ljungqvist, M. Soop, J. Ramirez; **Guidelines for Perioperative Care in Elective Rectal/Pelvic Surgery: Enhanced Recovery After Surgery (ERAS) Society Recommendations.** *Clinical Nutrition* 2012.

### 3. Nella chirurgia elettiva del pancreas (DCP):

"Preoperative oral carbohydrate treatment should be given in patients without diabetes"

#### Bibliografia

K. Lassen, M.M.E. Coolen, K. Slim, F. Carli, J.E. de Aguilar-Nascimento, M. Schaffer, R.W. Parks, K.C.H. Fearon, D.N. Lobo, N. Demartines, M. Braga, O. Ljungqvist, C.H.C. Dejong; **Guidelines for Perioperative Care for Pancreaticoduodenectomy: Enhanced Recovery After Surgery (ERAS) Society Recommendations.** *Clinical Nutrition* 2012.